

Advising Notes: by Advisors, for Advisors

Fall 2018

Come be a part of the 2019 NACADA Region 5 Conference in Detroit!



The 2019 NACADA Region 5 Conference will be held in Detroit March 13-15 at the historic Renaissance Center. The 2019 theme is “Advising Renaissance: Awakening the Drive and Passion within Students.” Region 5 serves academic advisors, faculty advisors, and advising administrators from Illinois, Indiana, Ohio, Ontario, Michigan, Nunavut, and Wisconsin.

Wayne State University will play a significant role in the conference which opens with a keynote address by our very own, President M. Roy Wilson. Dr. Monica Brockmeyer will join a panel of administrators who will discuss best practices for Student Success. Charlie Nutt, executive director of NACADA, will moderate the panel.

The WSU family also has several members serving on the 2019 conference planning committee:

- Conference Co-Chair:** Shantalea Johns, Social Work
- Communications and Social Media** - Takisha Lashore, Social Work
- Events, Hospitality, Travel, and Transportation** - Desmond Mack, PMHS
- Events, Hospitality, Travel, and Transportation** - Stephanie Hawkes, APEX
- Mentoring** - Rachel Pawlowski, Honors
- Volunteers** - Kimberly Hunter, Biological Sciences
- Volunteers** - Avanti Herczeg, Art and Art History
- Wellness** - Heather Sandlin, Pharmacy and Health Sciences

If you have any questions regarding the conference, please feel free to reach out to one of the members.

Come be a part of the *Advising Renaissance* during the conference by signing up to be a volunteer! Early sign-up for proposal readers and event volunteers is currently underway. This is an excellent opportunity to not only meet other professionals like yourself but to also be a part of the *Renaissance*. Positions will be assigned at a later time and will be determined by the order in which submissions were received. Volunteer positions may include greeters, registration table check-in, introductions and evaluations of concurrent sessions, etc. To sign up as a volunteer, use the link below, fill out the form, and we will be in touch.

<https://goo.gl/forms/yPuFqzRjIw0GhRD22>

By attending/volunteering at a professional conference, you are not only expanding your professional development, but also engaging in various networking opportunities.

“Conferences provide opportunities to learn in general sessions from experts in the field, gain knowledge and review best practices with colleagues.”

<https://www.nacada.ksu.edu/Events/Events.aspx>



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The Call for Proposals is also currently underway. The conference theme is to spotlight presentations that show creative solutions in the practice, administration, research, and application of theory in the field of advising. For presentation criteria, please visit: <https://www.nacada.ksu.edu/Community/Regions/Region-5/proposals.aspx> Applications are due October 15 and accepted proposals/presenters will be notified via email. Proposal readings will take place during October/November 2018 (Volunteer proposal readers are not required to attend the conference).

Be sure to take advantage of conference priority registration, taking place in February 2019.

<https://www.nacada.ksu.edu/Community/Regions/Region-5.aspx>

We hope to see you during the *Advising Renaissance* in Detroit.

Submitted by:

Avanti Herczeg, Art and Art History

Shantalea Johns, Social Work



Introductions

By Pamela J. Dale, APEX Scholars

Tuoanyene Sims is one of the newest advisors to join the Apex Scholars Program. She started in May and currently advises business and education-track returning students. Tuoanyene is a graduate from Central Michigan University (CMU) where she earned a bachelor's in Child Development in 1999. While pursuing her degree at

CMU she worked as a graduate assistant, mentor program coordinator, and cultural events coordinator. In 2002, Tuoanyene decided to continue her education, earning a master's degree in counseling as well as her limited professional counseling licensure from the state of Michigan. In 2015, she earned a second master's in employment and labor relations from Wayne State University.



Tuoanyene began her professional career as a University Counselor with the Trio Student Support Services, formerly known as "Project 350." She worked in that department for nine years until its federal funding was terminated. After leaving WSU, Tuoanyene took two years away from her career to start a family, but her love and passion for working with students led her to return to higher education as a program manager at Marygrove College, where she worked with first-year students

transitioning from high school into college.

Tuoanyene switched gears in the middle of her career and decided to go into business for herself. This leap of faith resulted in the birth of her own business. Leading Youth to Navigate College and Career Settings (LYNCCS) is a non-profit company which provides coaching to high school students making the transition to college. Additionally, she owns a small event planning business.

A few of Tuoanyene's favorite pastimes include dancing, traveling, and spending time with her family. She lived in Liberia, west Africa for five years, which is where her father was born. Tuoanyene is a wife and mother of two growing, thriving sons and has a Rottweiler dog named Patra. Tuoanyene is happy to be back at WSU where she can help motivate and positively impact students.

Top 10 (ok, 11) Professional Development Opportunities to Participate in This Year

By Stacie Moser, Dept. of Sociology, CLAS

Advisors, have you thought about how you want to grow professionally this year? Think about the competencies you want to develop, the skills you want to grow, or the strides you want to take in researching, publishing, or presenting at conferences. Below are just a few of the opportunities coming up over the next academic year that you can start to plan for. Put them on your calendar now!

1. Advising with the Brain in Mind Workshop Series

Study Skills Academy/Advisor Training Academy
Offered in the Fall 2018 and Winter 2019 terms
For more information, contact Kate Bernas (ab9599)

2. Appreciative Advising Certification Training Course

Offered by the Office of Appreciative Education at Florida Atlantic University
Fall 2018 and Winter 2019 terms
For more information, visit the following site:
<http://www.appreciativeadvising.net/training.html>

3. Advisor Lunch and Learn Workshop Series

“The WRT Zone—Overview and Advisor Professional Use”
September 21, ASC Commons, 1600 UGL from 12:00-1:30 pm
For more information, contact Kate Bernas (ab9599)

4. Wayne State University’s Academic Advising Summit

“Thriving the Warrior Way: How Self-Care Becomes Student Care”
September 27-28, 2018, Student Center Bldg.
For more information, contact Tracy Castle

5. NACADA Annual Conference

“Life Stories: The Art of Academic Advising”
September 30—October 3 2018 in Phoenix, Arizona
For more information, visit the following site:
<https://www.nacada.ksu.edu/Events/Annual-Conference.aspx>

6. ACPA Annual Conference

“Creating & Cultivating Change: Inclusive Ways to Transform Environments”
October 14—15, 2018 at the University of Michigan, Ann Arbor
For more information, visit the following site:
<http://mi.myacpa.org/acpa-mi-2018-conference/registration-and-hotel/>

7. Advisor Lunch and Learn Workshop Series

“Professional Publishing in Advising”
October 26, 2018 in ASC Commons, 1600 UGL, 12:00-1:30 pm
For more information, contact Kate Bernas (ab9599)

8. Advisor Lunch and Learn Workshop Series

“Writing Conference Proposals and Writing a Personal Philosophy of Advising”
November 16, 2018 in ASC Commons, 1600 UGL, 12:00-1:30 pm
For more information, contact Kate Bernas (ab9599)

9. Advisor Lunch and Learn Workshop Series

Fall 18 Advisor Book Club Discussion
December 14, 2018 in ASC Commons, 1600 UGL, 12:00-1:30 pm
For more information, contact Kate Bernas (ab9599)

10. Region 5 Conference

“Advising Renaissance: Awakening the Drive and Passion within Students”
March 13—15, 2018 in Detroit, MI
For more information, visit the following site:
<https://www.nacada.ksu.edu/Community/Regions/Region-5/Schedule.aspx>

11. Great Lakes Regional Student Success Conference

“Promoting Persistence and Practice”
March 21—22, 2019 in Detroit, MI
For more information, visit the following site:
<https://oakland.edu/studentssuccess/conference/>



Advisor Spotlight: Elizabeth Hill, College of Engineering

By Rachel Pawlowski, Honors College

Elizabeth Hill, formerly Elizabeth Kondrat before getting married in September 2017, is currently an academic advisor in the College of Engineering's Department of Civil Engineering. She started at WSU in this department in March 2015 and has enjoyed every day!

Elizabeth graduated from Bishop Foley High School and has spent all of her life in Michigan. She currently lives in Ferndale. She graduated with her bachelor's from Oakland University in 2011 with a major in history and a double minor in English and psychology. She also received her teaching certificate in secondary education. After graduation, she did some long-term subbing in a high school setting before returning to OU to get her masters in counseling with a specialization in student affairs. She graduated with her masters in 2014 and then came to work at WSU.

Elizabeth knew she wanted to work in higher education at two different points in her life. First, as a first-year student at OU. Elizabeth was undecided on her major and career path and therefore met with her academic advisor. She thought advising was a great career, but it wasn't until 2014 when she worked in the First Year Advising Center at OU as a graduate assistant that she solidified her career path in higher education.

She advises from the appreciative advising and proactive advising theories and her motto is "Students, Students, Students!" She is active on the WSU campus as a part of the Advising Excellence Team, the AAC Training Committee, and will be teaching FYS 1010 for her third consecutive year. Outside of campus, she is active in MIACADA as well as ACPA. She has also been a part of the Graduation Alliance in Clawson, her hometown, since October 2014. This program works with students at risk of not graduating or dropping out of high school.

Elizabeth's hobbies include exploring the Detroit food scene, traveling to Traverse City to experience all that that wonderful city has to offer, and cooking vegetarian cuisine.

As president-elect for the AAC, one of Elizabeth's goals is to continue to use the amazing group of advisors on campus to increase collaboration across programs and to find more ways to offer professional development opportunities for academic staff. She is excited about all that WSU is doing such as its consistent focus on improving student success, the creation of the Study Skills Academy, the Advisor Meet-Ups through the AAC, and all of the potential that the Wayne Experience (WE) requirement holds for students in Fall 2019.



ATA Updates by Kate Bernas, ATA

With the end of summer, another academic year begins as well and with it comes another round of advisor trainings, summits, conferences, lunch and learns, webinars and other professional development opportunities to keep your skills sharp and your competencies strong. While some trainings are necessary to stay informed about new and changing WSU policies, programs and technology, others may fall in the category of exploring new advising models or advancing yourself professionally through presenting or writing. Why not approach this year with the growth mindset we admire in our students? Challenge yourself in some new direction with your skills! Push yourself outside of your comfort zone professionally!



The ATA is offering a few themes this year that might interest you. We are teaming up with the newly created **Study Skills Academy** (see pg. 5) to present a series of six "Advising with the Brain in Mind" workshops. The first three will be offered this fall and then next three in Winter 19. Advisors who attend four out of six sessions will be recognized with a certificate and gift from the ATA. Also, the lunch and learns for Fall 18 are centered around of the theme of professional writing and publishing. Come check them out and challenge yourself to write your personal philosophy of advising and maybe an article or book review! Contact Kate Bernas (ab9599) for information on any ATA offering!

Student Services Insider: (Re) Discover the Academic Success Center

By Cody Bailey-Crow, Psychology

As academic advisors, most of us would consider ourselves familiar with the resources available through the [Academic Success Center](#) (ASC). Yet, if you have not reviewed their services recently, you may not realize that there have been several big changes concerning how the center's services are organized and the many new resources that are available for students, faculty, and academic staff.

Perhaps the most notable change is the introduction of the **Study Skills Academy (SSA)**. Like all ASC services, Study Skills Academy services are free to students and staff alike and, according to Angela Sickler, are focused on teaching "brain-based study strategies to enhance learning and academic performance." What does this mean? Students and academic staff who work to help students can learn how the brain functions with regard to learning and how to become a more efficient learner by applying research-based strategies to everyday learning scenarios, such as textbook reading or note-taking.

The following resources fall under the umbrella of the Study Skills Academy:

- **Study Skills Counseling**
- **Procrastination Accountability Groups**
- **Pre-med Performance Study Groups**
- **First Year Seminar (FYS 1010)**
- **Student Success Workshops**
- **Services for staff and the campus community section.**

Study Skills Counseling, the FYS 1010 course, and the Student Success Workshops should be familiar resources to most advisors, and further information

can be found at success.wayne.edu. The other, newer, resources may not be as familiar.

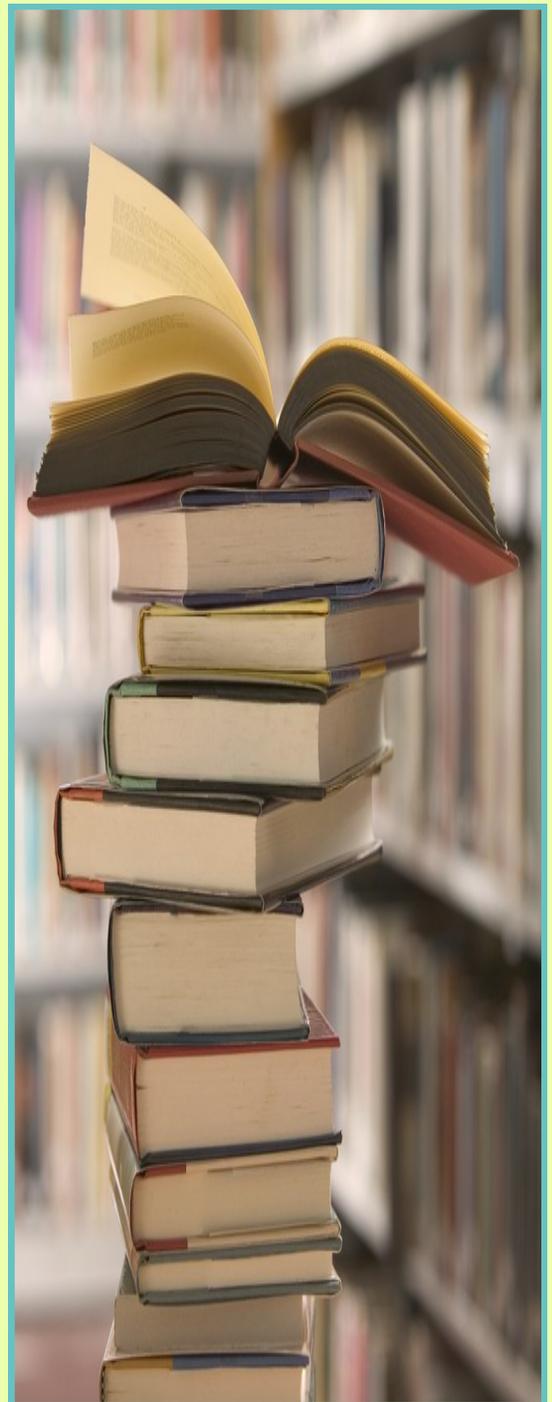
The Procrastination Accountability Groups, for example, are available for both undergraduate and graduate students. They meet bi-weekly and are designed to allow students to safely explore any issues they may have with procrastination. Led by a trained Study

Skills Specialist, the groups focus on applying evidence-based research on procrastination, and explore strategies for overcoming issues related to procrastination. If you work with students who admit to struggling with this issue, these Accountability Groups would be an excellent suggestion.

Finally, there is a new set of services specifically geared toward academic staff and other campus community members and are designed to help those who work directly with students become more aware of research related to the process of learning. These services include guest lectures, staff professional development opportunities, and individual consultations. In short, advisors who work with students who struggle academically and who want to provide immediate and accurate success strategies would greatly benefit from participating in one or more of these services.

The Advising With the Brain in Mind is a six-part workshop series geared for advisors and will be spread across the fall and winter terms. Advisors can register through the ATA by contacting Kate Bernas (ab9599).

For more information about any SSA services, review the webpage or contact Angela Sicker (au1072@wayne.edu) directly.



What advisors should know about.....
WRITING, RESEARCH, & TECHNOLOGY CENTER
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Qualified consultants offer FREE tutoring on any concept or problem related to writing, research, and technology:

- Generating Ideas
- Drafting
- Revision
- Documentation
- Editing Grammar
- Online Synchronous Tutoring
- Tutoring ALL Subject Areas and Levels

Fall 2018 Hours
Open Dates 9/10/18 – 12/16/18

<i>FACE-TO-FACE</i>	<i>ONLINE</i>
Monday 10-5	Monday 11-5
Tuesday 10-5	Tuesday 11-5
Wednesday 10-5	Wednesday 11-5
Thursday 10-5	Thursday 11-7
Saturday – CLOSED	Friday 12-5
Sunday – CLOSED	Saturday – CLOSED
	Sunday – CLOSED

Walk-ins welcome but subject to availability.
 Clients will not be taken 35 minutes after the hour or within 30 minutes of closing. No exceptions.

To make a face-to-face or online appointment,
Call (313) 577-2544,
Email: engwc2310@wayne.edu

Visit <http://www.clas.wayne.edu/writing/OnlineSchedulingInstructions>
**MAKE SURE TO REVIEW THE REQUIREMENTS FOR BOTH FACE-TO-FACE AND
 ONLINE APPOINTMENTS!**

Please visit <http://www.clas.wayne.edu/writing/> for additional information

For more information about the WRT Zone and policies, please contact Director, Jule Thomas
 (phone: 313-577-2544; email: au1145@wayne.edu).

AAC Update

By Stephanie Chastain, president

Here are some updates from the Academic Advising Council.

- The Academic Advising Council would like to recognize and welcome its newest members: President (2018-2020): **Elizabeth Hill**, President-Elect: **Amanda Horwitz** (2018-2021); Secretary: **Corinne Forsy** (2018-2020); Member-At-Large Professional School: **Emily Reetz** (2018-2020); Member-At-Large Non-Professional School: **Nora Alhussainy** (2018-2020); Member-At-Large Non-Professional School: **Michele Porter** (2018-2019).
- The Advising Summit will take place on September 27th and 28th. The theme for this year's summit is "Thriving the Warrior Way: How Self-Care Becomes Student Care."
- Remember to keep a look out for information regarding Advisor Meet-Ups. We had a great time at our last meet up at the Detroit Shipping Company!
- The Training Committee scheduled another workshop for September 18 to assist academic advisors in preparing their ESS and/or Promotion packets. Contact Ryan Ferrante at ak8629@wayne.edu with any questions.
- Please continue to contact Ryan Ferrante, Chair of the Training Committee, prior to the start date when an advisor is hired in your department or unit to allow for a smooth transition into the WSU advising community.



From the AAC:

Advising Best Practice Collective in Canvas

The AAC Training Committee realizes that advisors are a great source of knowledge on how we can best support our students and each other. Therefore, we created the **Advising Best Practice Collective** on Canvas as an avenue for advisors to share their ideas and resources with each other. The group is new so we are asking everyone to post in this shared space. The Canvas platform provides a useful search tool that will make it easy for everyone to find posts that relate to what they are interested in learning more about. The group will focus on best practices in the following areas:

- | | | |
|-----------------------------|---------------------------------|-------------------------|
| 1. Student populations | 4. Communication | 7. Finances and funding |
| 2. Advising models/theories | 5. Academic success | 8. Wellness |
| 3. Transitional students | 6. Major and career exploration | 9. Technology |

FEATURED BEST PRACTICE:

Learning through Volunteering by Erin Bachert

We encourage our students to participate in service learning activities and organizations, but advisors shouldn't forget how we can also benefit from volunteering. It is an excellent way to learn about different programs and career opportunities that are available. In recent years, a lot of my time with students has been spent helping them find a new major or looking towards career paths outside of medical school. Much of my knowledge about other programs has come from working at career panels, research panels, open houses, and recruiting events. However, I have also learned a great deal by working directly with other advisors and assisting with other majors at orientation sessions. It is important to put yourself out there and get involved with activities that might not necessarily seem like a direct fit for your students because you never know how you might use that information in the future.

I have listed a few of my favorites below, but would love to hear from other advisors about the different volunteer opportunities they have learned from in the past:

- **Community Apple Days through the Eugene Applebaum College of Pharmacy & Health Sciences** A great way to learn about all of the programs they provide outside of the PharmD program. You also have a chance to talk to faculty and learn about the careers their graduates pursue.
- **Workshop on Medical School Alternatives** A workshop offered through the Pre-Med and Health Science Center for the last few years. Many interesting career talks provided by programs like Genetic Counseling and the Masters in Public Health.
- **Student Organizations** I frequently volunteer to work with the American Chemical Society Student Affiliates and sit in on their career symposiums. Try to find a student group connected to your program and get involved if you are not already. Our students are regularly organizing some wonderful events that provide learning opportunities for advisors.