

ADVISING RE-ENERGIZED:

2019

Academic

Advising

Summit



September
19th & 20th



Exploring

Professional

Engagement

Thursday, September 19

Summit Schedule

- | | |
|------------------------|--|
| 8:30AM-9:00AM | Check-in & Continental Breakfast |
| 9:00AM-10:15AM | Welcome & Keynote Address by Dr. Melinda Anderson |
| 10:15AM-10:45AM | AAC Business Meeting |
| 10:45AM-10:50AM | Break |
| 10:50AM-11:40AM | Breakout Session #1 |
| 11:40AM-12:30PM | Lunch |
| 12:30PM-1:00PM | Volunteer Activities Preparation |
| 1:00PM-3:30PM | Volunteer Activities |
| 3:30PM-4:00PM | Reflections, Refreshments, and Raffle |

Friday, September 20

Summit Schedule

8:30AM-9:15AM	Check-in & Continental Breakfast
9:15AM-10:15AM	Welcome & Keynote Address by Dr. Annmarie Cano
10:15AM-10:30AM	Student Services Re-energized
10:30AM-10:40AM	Break
10:40AM-11:30AM	Breakout Session #2
11:30AM-11:40AM	Break
11:40AM-12:30PM	Breakout Session #3
12:30PM-1:00PM	Traveling to Fowling Warehouse
1:00PM-3:00PM	Lunch & Activities



Dr. Melinda Anderson

**Associate Dean of Undergraduate Studies and
Director of University College,
University of North Carolina Wilmington**

Keynote Speaker
Thursday

Dr. Melinda J. Anderson earned her doctorate in Higher Education Administration, from the College of William and Mary. Prior to her current appointment as interim Associate Vice Chancellor for Student Success at Elizabeth City State University, she was the Associate Dean of Undergraduate Studies and the Director of the University College at the University of North Carolina Wilmington. Dr. Anderson has worked in higher education for over 15 years to include various roles in academic and student affairs. Her passion and commitment to student success has propelled her to operate in many different capacities with a focus on student transitions, persistence and retention.

Dr. Anderson has served in many different leadership roles in NACADA, the Global Community for Academic Advising. She will begin her serving a three-year term as a member of the Board of Directors this fall. She is originally from northern Virginia and currently lives with her husband, Chris, and two amazing children, Ashley and Caleb in Chesapeake, VA.



Dr. Annmarie Cano

Associate Provost for Faculty Development and Faculty Success

Wayne State University

Keynote Speaker

Friday

Dr. Annmarie Cano is the Associate Provost for Faculty Development and Faculty Success. In this role, she is responsible for professional and career development, leadership development, and mentoring initiatives to support faculty; new faculty and new chair orientations; faculty performance evaluation processes and outcomes; faculty awards and award nominations; and fostering recognition of faculty internally, nationally, and internationally for teaching, scholarship and community outreach.

Prior to becoming Associate Provost, Dr. Cano held several leadership roles at Wayne State including Associate Dean of the Graduate School and Associate Chair of the Department of Psychology, as well as in her discipline. She is also an alumna of the American Psychological Association Leadership Institute for Women in Psychology (2008) and the Higher Education Resource Services (HERS) Leadership Institute (Bryn Mawr 2017).

Dr. Cano began her career at Wayne State as a Lecturer before rejoining the faculty as an Assistant Professor in 2001. For the past 20 years, Dr. Cano's research has focused on emotion regulation, empathy, and intimacy processes in couples facing health problems. She has over 70 publications and has served as PI on four grants from the National Institutes of Health. In recognition of her research contributions, she was elected in 2016 as a Fellow of the American Psychological Association in Divisions 38 (Society for Health Psychology) and 43 (Society for Couple and Family Psychology).

As a Latina and a first-generation college student, Dr. Cano earned her master's and doctoral degrees in psychology from Stony Brook University and her bachelor's degree in psychology from Princeton University.

Break Out Session 1

Thursday, September 19th

A Holistic Approach to Wellness Using the 4S Framework

Hilberry A

Zsa-Zsa Booker- School of Medicine

Wellness is needed in order to achieve success and professional growth. But how do we achieve a level of holistic wellness? The 4S Framework can help us identify stressors in our life that contribute to a lack of wellness. In this presentation we will review the 4S framework and how to use this model to contribute to a clearer understanding of ourselves and the life situations that may be causing stress, and what we can do to change these stressors.

Exploring Self: The Role of a Personal Philosophy of Advising

Hilberry B

Kate Bernas-University Advising Center

According to NACADA's Core Competencies Model (2017), an essential Relational competency all academic advisors must develop is their ability to "articulate a personal philosophy of academic advising." Since all advisors bring their personal assumptions, values and beliefs about students, higher education, and student success with them when meeting with students (Beres et al, 2013), it is important to go through the process of reflecting on and elucidating these beliefs and to recognize the role they play in one's advising practice.

Writing a statement of advising philosophy is an important professional development experience and can be a source of inspiration, revitalization and clarity for one's practice. This interactive session will take participants through a five step process for reflecting on, writing and maintaining a personal philosophy of advising, and will also suggest ways this living document can be shared with students and used to inspire practice on a daily basis..

Break Out Session 1

Reflection and Connection: Best Practices for Advisors to Engage Professionally

Hilberry C

Helen Wilson-University AdvisingCenter
Arnelle Douglas-University Advising Center

As advisors create plans for moving to the next level of their careers, an important step is reflection, which involves self-assessment and development as outlined in competency 7 of the NACADA Academic Advising Core Competencies Model (2018). Our self-assessment may reveal disengagement and possibly stress and fatigue in advising students and handling multiple responsibilities. According to Ali and Johns, 2018, there are ". . . self-care strategies that can mitigate the effects of stress and fatigue. Sharing and engaging professionally with other advisors can help us to re-energize our advising roles." Professional networks take many forms according to Bryant, Chagani, Enders and Galvin, 2006 and this presentation will describe the specific networks or connections that can be created professionally to elevate a career in advising. This interactive presentation will provide strategies to implement the best practices of reflection and connection in your own advising practice to grow in your career.

Bring Your HEART to Advising: A Model for a Rewarding Advising Experience

Ballroom

Dawn Niedermiller- Physics & Astronomy/ CLAS
James Fortune-Theatre & Dance

Have you ever heard, "Can you just tell me what classes I need to take?" Are you feeling that you are doing more prescribing than teaching? As advisors we have the opportunity to teach students life skills to better prepare themselves for success in their academic studies and in their post-graduation pursuits. This presentation will look at multiple models of how to encourage our students to engage in preparing for their advising appointments. This will result in the student developing a greater sense of self-efficacy and will aid in them getting the most out of their college experience. Bring Your Heart to Advising is a student-centered approach that will foster the advisor-student relationship; leading to a more fulfilling experience for both the advisor and student. Attendees will have the opportunity to share their own ideas and will leave with strategies to immediately implement into their daily practices.

Break Out Session 2

Friday, September 20th

Our Wayne Experience: Building a Foundation for Professional Growth

Hilberry A

Ryan Ferrante-Political Science/CLAS

Laura Hetzler- University Advising Center

Elizabeth Hill-Engineering

Emily Reetz-Engineering

Solaf Shallal-Psychology/CLAS

Erin Wiseman-CFPCA

Do you want to venture outside the box of your current role? Academic Staff have great potential to contribute to the success of the university by applying their diverse skill sets to institutional problems. General Education reform inspired a group of advisors to brainstorm ways to be involved with student success beyond their traditionally defined roles. This session will encourage you to explore opportunities and strategies to nurture professional interests and recognize the benefits of cross-campus connections for collaboration. In addition, attendees will discuss how to identify and navigate potential institutional roadblocks that may occur when pursuing new initiatives. Attendees will leave inspired to create new teams and projects to re-energize student success and their own professional advancement.

ALA “Your Path to Growth”

Hilberry B

Mary Waker- Education

If you are interested in collaborating with knowledgeable faculty and academic staff to explore and implement creative ideas in support of the university's mission and want to cultivate your leadership skills, consider applying for the Academic Leadership Academy (ALA). This year-long program focuses on professional development of faculty and academic staff with the goal of creating a community of skilled academic leaders who contribute to the mission of the university to enhance the lives of its students, employees, and surrounding community members. Participants in this session will learn about this program, how to apply, and, if accepted, the expectations for the Fellows. The presenter will also share information about her experiences as she begins this program and her proposed leadership project. Bring your mobile device!

Break Out Session 2

Volunteerism & Service: A Pathway to Professional Engagement

Hilberry C

Shawntae Harris Mintline-Education

Advisors commonly encourage students to explore and engage with their interests through volunteerism and service learning. Are you taking your own advice? Service is a great way for advisors to gain new skills, take on leadership roles, and advance our careers. Many of us take advantage of service opportunities within the university, so this session will focus on finding relevant and fulfilling service roles outside of WSU: within professional and community organizations. We will talk about everything from episodic volunteer opportunities to long-term non-profit board service, and everything in between. There are many personal benefits to volunteering, come discuss the ways it can also enhance your professional life!

Leadership and Professional Development Re-Energized *Ballroom*

Kim Morgan-Mathematics
Ranae Hamama-Public Health

Advisors at Wayne State can be limited in their ability to take leadership roles in our advising community; however there are many ways to become a leader with or without having the title. This informational and interactive breakout session will provide the following: 1) exposure to leadership opportunities and professional development in many forms, including NACADA; MIACADA; WSU's Academic Advising Council; Wayne Women LEAD and the Michigan ACE Women's Network; ACE; ACPA; NASPA; HERS and more. 2) An opportunity to develop a leadership professional plan to expand your horizons no matter what your career goals are.

Thursday Afternoon Volunteer Activities

The Academic Advising Summit Service Project will allow for Advisors to familiarize themselves with on-campus resources for students in a fun and innovative way.

Advisors will have the opportunity to give back to the campus community by volunteering at several organizations, including:

- * The W Food Pantry**
- *Warrior Wardrobe**
- *Early Childhood Center and more**



WAYNE STATE
College of Education

Notes

Break Out Session 3

Friday, September 20th

Engaging Later-Career Advisors: Beyond the Ran IV Ceiling

Hilberry A

Royanne Smith-English & Philosophy/CLAS

Kim Walkowiak-Hunter- Biological Sciences/CLAS

Kim Clexton-Athletics

During this era of equity and inclusion, systemic ageism persists in institutions of higher education. Articles on the subject tend to focus on hiring discrimination, but what happens when existing members of our advising community earn top rank with years, or even decades, remaining before retirement? Should they make room for junior colleagues by retreating to their offices and forgoing leadership roles? Should they retrain for other professions? According to a 2018 AAUP salary report, over 40% of our Academic Advisors are at ranks 3 & 4. Without the prospect of advancement within WSU's current job classification system, what motivates later-career advisors to continue their professional development and stay active? Our panel will explore attitudes regarding age and rank within WSU's advising community and enlist advisors of all ranks to help us brainstorm ways to incentivize later-career advisors and encourage them to remain engaged in the campus and the profession.

Career ROI Was Here! Strategies to Energize & Engage

Hilberry B

Nannette McCleary-Career Services

The professional development website, Teacher|Coach, defines professional engagement as “a measure of how invested an educator is in all aspects of their work.” This definition exemplifies the “Return On Investment” expectation of Academic Advisors who are ultimately charged with student success. These demands can be draining and many have experienced compassion fatigue. The best prescription for a healthy career is to embrace and leverage strengths to make your mark. This interactive session strives to focus on workplace strategies that allow employees to personally develop and manage their careers. As a result of attending this session, participants will: 1) Review workplace attractors that impact job satisfaction and retention, 2) Discuss career management sources of energy and personal renewal, 3) Share ideas for recharging professional development and personal engagement.

Break Out Session 3

Microaggressions and How They Perpetuate a Fixed Mindset in Higher Education

Hilberry C

OMSE Staff

Through a facilitated presentation, this workshop will explore how personal identities can be directly correlated to implicit biases and how those biases can impact students through microaggressions. By the end of the workshop attendees will be equipped with tools and tips to use their identities to promote a growth mindset not only in advising students, but in everyday life.

Goals, Glitter and Glue: Create Your Vision for the Upcoming Year

Ballroom

Laura Hetzler-University Advising Center

"In order to carry a positive action, we must develop here a positive vision."- Dalai Lama

The day to day challenges of higher education can leave academic staff feeling stressed and depleted. This session will give you an opportunity to recharge and refocus by creating a vision board. We will begin with a brief overview of how to create a vision board and set a personal or professional intention for the upcoming academic year. Then we will spend the majority of the session getting crafty! Bring your creative energy and your willingness to explore your goals and future plans. Supplies will be provided, but feel free to bring your own as well.

Friday Afternoon

Join us at:



3901 Christopher St.
Hamtramck, MI
(free parking at venue)

1:00pm-3:00pm

Notes

